

## **Alberta Somalis COVID-19 Response Team**

Si aynu u caawino dadkeena wakhtigan dhibka badan ee lagu jiro, waxaan samaynay koox caawisa dadkeena iyo business yadeena. Hadaad ka midtahay dadka ay arimaha soo socoto haysato;

### **Covid-19 Qofka/Familka qodobada laga caawin karo;**

- Hadii lagaa ruqseeyay shaqadaada sabab la xiriirta COVID-19
- Hadii larabo in lagaa saaro guriga aad degentahay, sababtoo ah ijaarkii baad iska bixin wayday, taasuna ay kaliftay COVID-19.
- Adiga ama reerkaaga haday ka qaadeen buufis (stress) COVID-19
- Hadaad iska bixin waydo mortgage (deen hantiyeed) dhibka kaa soo gaaray COVID-19 awgeed.
- Hadaad tahay qof iskii ushaqaysta ama qof ku shaqeeya qandaraas oo aanan employment insurance EI, xaq ulahayn.
- Hadaad tahay qof shaqo haysta balse aanan lacag lasiin, sababtoo ah shaqadii baa yaraatay, oo shaqo looma hayo, waxaana lagu yiri guriga jooga shaqo mahaynee.
- Hadaad tahay qof ujooyiyay shaqada COVID-19 awgeed, shaqadooduna aysan lacag kugu siinaynin joogista guriga, meelka lana aysan lacag ka soo galin.
- Iyo wixi kaloo la xiriira COVID 19

### **COVID-19 Business-yada qodobada laga caawin karo:**

- Hadii larabo in lagaa saaro meeshaad ku saqaysato, kadib markuu kuugu yimid hoos udhac dhaqaale laxiriira COVID-19.
- Hadii lagaa xiray business aad leedahay sababtoo ah business kaaga waxaa lagaliyay social isolation (xanibaad).
- Hadaad leedahay business, ayna dowladu kaa xirtay maadaama uu yahay non-essential business (business aan muhiim ahayn).
- Business-kaaga mayahay adeeg muhiim ah (essential service)?
- Business kaaga shaqadii baa ka yaraatay, umana haysid shaqo shaqaalahaaga. Maxaan arintan ka samayn karaa?
- Iyo wixi kaloo la xiriira COVID 19

Haday ku haysato arin la mid ah arimaha aan kor ku xusan, lasoo xiriir Alberta Somalis COVID-19 Response team, adoo kala soo xiriiraya taleefanka ku qoran. 403-768-3736

Calgary/Edmonton/Brooks/Fort MacMurray:

Bil-isxaanag nooreeb magacaaga, taleefankaaga iyo magaca business kaaga (hadaad business leedahay).